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Amendments to the Claims:

- 1. (cancelled)
- 2. (cancelled)
- 3. (cancelled)
- 4. (amended) A roast lifter for use in cooking and moving meat or poultry comprising a body for holding and supporting the meat or poultry, and at least two handles attached to opposing peripheral edges of the body for lifting the combination of the body and the meat or poultry, wherein the body and the handles are is comprised entirely of one or at least one interwoven string or cord defining interwoven into a net with a plurality of apertures, and to form the body and loops at opposing peripheral edges of the body to form the handles are comprised entirely of string or cord.
- 5. (original) A roast lifter according to Claim 4 wherein the string or cord material is butcher's twine.
- 6. (amended) A method for producing a roast lifter comprised of string or cord comprising the steps of interweaving a continuous string or cord to form a net conforming to the size of the meat or poultry, and

attaching at least two handles attached to opposing peripheral edges of the net.

7. (cancelled)

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8. (original) A method for producing a roast lifter according to Claim 6 and 7 wherein the string or cord is butcher's twine.